

50+ NOTES

50+ Lunch

Friday, May 8th

Adults 50 plus are invited to lunch at the Center in honor of Mother's Day

- Lunch at noon
- Program at 12:30

Mobile Food Pantry

The food pantry is held every third Wednesday of the month including **Wed. May 20th** at noon. It is held at the Center. Food is provided by Second Harvest Food bank.

Call 441-6991 or stop by the center to make a reservation.

Come at 10:30 the day of the pantry if you wish to volunteer.



Anderson's Repairs

We do everything!

From Drywall, Plumbing, Plaster, Carpet, Bathrooms, to Building Outside Decks and Yardwork and even Snow Removal.

Call 446-3566 or 395-7573 and ask for Mike. Our work is insured.

Monona Hills Apartments 353 Owen Road, Monona, WI

Affordable living for seniors &/or persons with disabilities. Rent is based on 30% of your income.

Call 608-221-8988



Managed by Meridian Group, Inc.

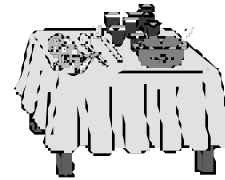


Friday, April 24th

50+ Dinner

CANCELLED

Due to Teen Service Weekend



50+ Dinner

Friday

May 22nd

Adults 50 plus are invited to dinner at the Center

- Dinner at 5:00 pm
- BINGO & Door Prizes
- No charge



BLW Coffee Shop

**Every Thursday from:
10:00 to 11:30 am**

Coffee & Refreshments.
Free of charge.



Sponsored by
UCP of Dane County

Resource Fair

Saturday, May 30, 2009

1:00 p.m.

Everyone from the neighborhood, and all your friends are invited to BLW for the fun.

Refreshments.

Health and Social Services Information.

Talk to Jim at the center if you would like more information.

BLW Friday Night Summer Concerts

6:30—7:45 p.m.

Outside at the center

Bring a lawn chair

June 19th - Latino Music

July 3rd - Independence Day

July 17th - Gospel Choir

July 31st - Jesse Walker - Oldies

Funded in part by the Dane County Cultural Affairs Commission

BLW Computer and Telephone Times

Monday-Friday: 9:30-11:00

1:30-3:00

**For people 60 or older -
Free in-home visits to talk about services**



Get a free in-home consultation with a case manager who will do an assessment and help plan health, social, financial and transportation services with you.

Call the **East Madison Monona Coalition of the Elderly** at 223-3100 if you live in **Bridge-Lake Point, Monona or Waunona neighborhoods**

Call the **South Madison Coalition of the Elderly** at 251-8405 if you live in one of the following neighborhoods: **Southdale, Highland Manor, Moorland-Rimrock or Indian Springs.**



2009 Edition of the “Over 60 Resource Directory”:

You can stop in at a Coalition to pick up this updated directory or go to our local Library. This is a wonderful resource listing programs and services for Dane County older adults and their families. If you have a case manager through some coalition, ask them to bring you a copy on their next visit.



Euchre at BLW

Every Thursday,
1-3 p.m.

Bring a dollar for the pot.

Top three to five players win.
Weekly after March 26th. Welcome
Players of all ages and all skill levels.

**Sign-up for the program
at the Center at 441-6991.**

BLW Reading Buddies

The Reading Program for elementary school children at the center can use your help.

- Help with penny donations to buy books for the children
- Help write news articles about the BLW Reading Buddies program

If you would like to read with an elementary school student, call Mara or Brooke at 310-4888

50+ Advisory Committee Meeting
Friday, April 24 at noon
[Contact Jim for details]



**Help with job
ready skills at
BLW. Register by
calling the Center
at 441-6991.**

Teacher: Kathy Witte

Brush up on your math, reading, and writing.
**These skills are good for job prep, even if you
already have a H.S.**

diploma. Stop in and
talk to Kathy about what
you need. Classes held
in the conference room.

M.A.T.C. sponsors

G.E.D. / A.B.E. and

E.S.L. Classes on Tues-

days and Wednesdays from 12:00 - 2:00 p.m.



50+ Notes

May 2009

Notes on activities for adults 50 plus living in the neighborhoods of Bridge-Lake Point, Waunona, Moorland-Rimrock, Indian Springs, Highland Manor, Southdale, and other nearby communities.

For more information call or go to:
www.blwcenter.org, or
www.geocities.com/blw50plus

Executive Director

Tom Solyst

50+ Program Coordinator

Jim Stickels

Office Staff

Dan Eastman

Gary Ranum

The BLPWNC is an AA/EO service provider. If you need accommodation to access the center services, please call Tom at (608) 441-6991.

Important Phone Numbers

BLW Center Our neighborhood center	441-6991	Madison Senior Center The center offers: Information and Referral Services for those seeking help with taxes, health, housing and other concerns; case management services three days per week; a computerized information assistance program to help access available area services; special events; a variety of activities take place on an ongoing basis; classes; and a Senior Meal Program.	266-6581
Access Community Health Provides comprehensive, top-quality services for the underserved, including both comprehensive medical and dental care.	443-5480	Monona Senior Center The Center offers a variety of educational, social and wellness programs.	222-3415
Centro Hispano Centro Hispano of Dane County exists to empower Latinos through quality social, educational and cultural programs.	255-3018	MSCR The place for people 50+ to find out about interesting resources, events, and recreation for developing a life they love living because they are 2 Young 2 Retire.	204-3000
Community Action Coalition Programs to enhance the skills, knowledge and capacity of people experiencing poverty so they may improve their economic and social circumstances.	246-4730	Senior Hotline to Help To reach shelters, health resources, crisis intervention hotlines, support groups, financial assistance, educational programs and more.	266-9007
Dental Hygiene at MATC Low cost teeth cleaning	258-2400	South Madison Coalition Services and programs provided by the Coalition include the following: Case Management, Home Chore Assistance, Lunch Programs, Volunteer Guardianship Services, Neighborhood Senior Center Activities, Sunday Dinners, Monthly Newsletter, Information and Referrals, and Quality Standards for Group Homes.	251-8405
Dane County Job Center A central location for people looking for work and businesses that need help finding qualified applicants.	242-7400	Tenant Resource Center Provides rental and housing counseling, mediation services.	257-0143
East Madison Coalition Programs in the East Madison / Monona area that will assist and enable the aging to prepare for, and to live creatively in the retirement years, and to focus the attentions and energies of the community on urgent needs of the elderly.	223-3100	United Way Help Info Line The 211 database of free and confidential comprehensive information and referral services for people in Dane County who are in need of help or who want to give help.	211
Elder Law Center The Legal Services Division of CWAG provides legal services and resources to citizens 60 years and older.	224-0606	Urban League To improve the social and economic conditions of African Americans, other people of color, and the economically disadvantaged in our community.	251-8550
Family Service Consumer Credit Counseling Service to help solve debt problems through assistance with budget planning, money management, and planned debt liquidation.	252-1320	YMCA Programs for seniors at the YMCA and YWCA. The YMCA has scholarships available for families.	221-1571
Glendale School Madison elementary school with ties to BLW.	204-2400	YWCA	257-1436
Joining Forces for Families JFF is a voluntary, community-based, supportive service that helps families address their basic human needs by quickly linking clients to resources.	224-3624		
Madison Metro Madison bus system customer service desk	266-4466		

Bridge Lake Point Waunona Neighborhood Center
1917 Lake Point Dr.
Madison, WI 53713