

# 50+ NOTES

## Soup and Sandwich Fridays

For All Adults

Fri., April 3, 10, 17, 24

Serving at noon

No charge



Sign-up at  
the center

## Mobile Food Pantry

The food pantry is held every third Wednesday of the month including **Wed. April 15th** at noon. It is held at the Center. Food is provided by Second Harvest Food bank.

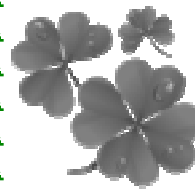
Call 441-6991 or stop by the center to make a reservation.

Come at 10:30 the day of the pantry if you wish to volunteer.



## 50+ Walking Club

Contact Jim at the center for more information



## 50+ Dinner

Friday,

April 24th

Adults 50 Plus are invited to dinner at the Center on Thursday, April 24th.

- Gather at 4:45 pm
- Dinner at 5:00 pm
- BINGO
- Door prizes after the program

## BLW Computer and Telephone Times

Monday -Friday

9:30-11:00

1:30-3:00

## 50+ Notes

April 2009

Notes on activities for adults 50 plus living in the neighborhoods of Bridge-Lake Point, Waunona, Moorland-Rim rock, Indian Springs, Highland Manor, Southdale, and other nearby communities.

For more information call or go to:

[www.blwcenter.org](http://www.blwcenter.org), or

[www.geocieties.com/blw50plus](http://www.geocieties.com/blw50plus)

Executive Director

Tom Solyst

50+ Program Coordinator

Jim Stickels

Office Staff

Dan Eastman

Gary Ranum

The BLPWNC is an AA/EO service provider. If you need accommodations to access the center services, please call Tom at (608) 441-6991.



## Resource Fair and Walk

Saturday, May 30, 2009

1:00 p.m.

Every one from the neighborhood, and all your friends are invited to BLW for the fun.

Refreshments

Health and Social Services Information

No entry fee for the walk, but you can help raise money for programs at the center.

**Talk to Jim at the center if you would like more information.**



### For people 60 or older - Free in-home visits to talk about services



Get a free in-home consultation with a case manager who will do an assessment and help plan health, social, financial and transportation services with you.

Call the **East Madison Monona Coalition** of the Elderly at 223-3100 if you live in **Bridge-Lake Point, Monona or Waunona neighborhoods**

Call the **South Madison Coalition of the Elderly** at 251-8405 if you live in one of the following neighborhoods: **Southdale, Highland Manor, Moorland-Rimrock or Indian Springs.**



## Free Help Filing Your Tax Return!

Volunteer Income Tax

Assistance (VITA) Partnership 2009

January 26, 2009—April 15, 2009

No appointment needed!

Mon & Wed, 12p.m.-6 p.m., Sat 9 a.m.-3p.m.

Financial Education Center, 2300 S. Park St.  
(Villager), 2nd Level.

(Financial institutions on site to open accounts for direct deposit of your refunds)

For information, contact Deb Neubauer,  
261-5077, neubauer@co.dane.wi.us



### 2009 Edition of the "Over 60 Resource Directory":

You can stop in at a Coalition to pick up this updated directory or go to your local Library. This is a wonderful resource listing programs and services for Dane County older adults and their families. If you have a case manager through some coalition, ask them to bring you a copy on their next visit.



## Euchre at BLW

Every Thursday,  
1-3 p.m.

Bring a dollar for the pot.

Top three to five players win.  
Weekly after March 26th.

**Sign-up for the program  
at the Center.**

## BLW Reading Buddies

The Reading Program for elementary school children at the center can use your help.

- Help keep track of book orders about once a month.
- Help with penny donations to buy books for the children
- Help write news articles about the BLW Reading Buddies program

**If you would like to read with an elementary school student, call Mara or Brooke at 310-4888**



## Help with job ready skills at BLW

Teacher: Kathy Witte

Brush up on your math, reading, and writing. **These skills are good for job prep, even if you already have a H.S. diploma.** Stop in and talk to Kathy about what you need.



**Held in the conference room.**

M.A.T.C. sponsors

G.E.D. /A.B.E. and E.S.L. Classes on Tuesdays and Wednesdays.

**G.E.D./A.B.E.**(Adult Basic Education)  
12:00-1:00 p.m.

**E.S.L.** (English as a Second Language)  
1:00-2:00 p.m.

Register at any time during the Spring Semester by stopping in or calling the BLW Center at 441-6991.

Kathy welcomes anyone who wishes to improve their speaking and academic skills.

## Important Phone Numbers

<b>BLW Center</b> Our neighborhood center	<b>441-6991</b>	<b>Madison Senior Center</b> The center offers: Information and Referral Services for those seeking help with taxes, health, housing and other concerns; case management services three days per week; a computerized information assistance program to help access available area services; special events; a variety of activities take place on an ongoing basis; classes; and a Senior Meal Program.	<b>266-6581</b>
<b>Access Community Health</b> Provides comprehensive, top-quality services for the underserved, including both comprehensive medical and dental care.	<b>443-5480</b>	<b>Monona Senior Center</b> The Center offers a variety of educational, social and wellness programs.	<b>222-3415</b>
<b>Centro Hispano</b> Centro Hispano of Dane County exists to empower Latinos through quality social, educational and cultural programs.	<b>255-3018</b>	<b>MSCR</b> The place for people 50+ to find out about interesting resources, events, and recreation for developing a life they love living because they are 2 Young2Retire.	<b>204-3000</b>
<b>Community Action Coalition</b> Programs to enhance the skills, knowledge and capacity of people experiencing poverty so they may improve their economic and social circumstances.	<b>246-4730</b>	<b>Senior Hotline to Help</b> To reach shelters, health resources, crisis intervention hotlines, support groups, financial assistance, educational programs and more.	<b>266-9007</b>
<b>Dental Hygiene at MATC</b> Low cost teeth cleaning	<b>258-2400</b>	<b>South Madison Coalition</b> Services and programs provided by the Coalition include the following: Case Management, Home Chore Assistance, Lunch Programs, Volunteer Guardianship Services, Neighborhood Senior Center Activities, Sunday Dinners, Monthly Newsletter, Information and Referrals, and Quality Standards for Group Homes.	<b>251-8405</b>
<b>Dane County Job Center</b> A central location for people looking for work and businesses that need help finding qualified applicants.	<b>242-7400</b>	<b>Tenant Resource Center</b> Provides rental and housing counseling, mediation services.	<b>257-0143</b>
<b>East Madison Coalition</b> Programs in the East Madison / Monona area that will assist and enable the aging to prepare for, and to live creatively in the retirement years, and to focus the attentions and energies of the community on urgent needs of the elderly.	<b>223-3100</b>	<b>United Way Help Info Line</b> The 211 database of free and confidential comprehensive information and referral services for people in Dane County who are in need of help or who want to give help.	<b>211</b>
<b>Elder Law Center</b> The Legal Services Division of CWAG provides legal services and resources to citizens 60 years and older.	<b>224-0606</b>	<b>Urban League</b> To improve the social and economic conditions of African Americans, other people of color, and the economically disadvantaged in our community.	<b>251-8550</b>
<b>Family Service</b> Consumer Credit Counseling Service to help solve debt problems through assistance with budget planning, money management, and planned debt liquidation.	<b>252-1320</b>	<b>YMCA</b> Programs for seniors at the YMCA and YWCA. The YMCA has scholarships available for families.	<b>221-1571</b>
<b>Glendale School</b> Madison elementary school with ties to BLW.	<b>204-2400</b>	<b>YWCA</b>	<b>257-1436</b>
<b>Joining Forces for Families</b> JFF is a voluntary, community-based, supportive service that helps families address their basic human needs by quickly linking clients to resources.	<b>224-3624</b>		
<b>Madison Metro</b> Madison bus system customer service desk	<b>266-4466</b>		

Bridge Lake Point Waunona Neighborhood Center  
1917 Lake Point Dr.  
Madison, WI 53713